

The background features a dark blue field with yellow diagonal stripes. The stripes contain black patterns: a grid-like mesh on the left and a repeating geometric motif on the right.

PROJECT 2020

OUR DISCIPLINE
PLANS THIS YEAR

MOUNTAIN BIKING

CROSS COUNTRY (XC)

Move of Saturday and Wednesday sessions to Callendar Estate for the Summer once appropriate number of qualified coaches and MTB Leaders are in place.

Increase the number of U12s competing in at least three rounds of the SXC series – target rounds Beecriags (15th Mar), Cathkin Braes (16th Aug) and Blairadam (30th Aug).

Increase the number of U8s/U10s competing in at least three rounds of the SXC series – target rounds Beecriags (15th Mar), Cathkin Braes (16th Aug) and Blairadam (30th Aug).

Support U16 rider to compete at British and Scottish level.

Increase the number of L2 MTB DSU coaches and L2 MTB Leaders.

Purchase of additional coaching equipment to support the development of MTB skills – Sender ramps etc

Grow FJBC Dirt Crit event in May

Introduction of new FJBC MTB Stage Race in September.





CYCLOCROSS

Run three seasonal masterclasses – October, November and January

**Have riders competing in all youth age categories (U8s-U16s)
at all rounds of the Scottish series.**

**Creation of Cyclocross bike fleet within the club to
loan out to riders to provide opportunities for them to participate**

**Host Kinneil X again with expanded
opportunities for beginner youth riders**

**Provide opportunities for Wednesday riders to develop
Cyclocross skills – consider running Wednesday
sessions at CX venue from August–September**

ROAD CYCLING

Running of masterclass session at Fife Cycle Park on Sunday 22nd March

Increasing the number of riders participating in crit races throughout the year (last year 4 riders total)

Utilise existing facilities in Falkirk (inc Helix Park) to run regular Road Cycling skills and endurance sessions.

Creation of road bike fleet within the club to loan out to riders to provide opportunities for them to participate.

Increase the number of Level 2 Road Cycling Coaches to increase coaching capacity for this discipline.





BMX / MTB DOWNHILL (DH) / TRACK

Riders will be offered a one-off taster sessions at the Glasgow BMX Centre in May and signposted into the accreditation pathway.

The club will support the design + launch of the Zetland Park pump track, with a view to supporting activation opportunities in advance and post construction.

Signpost competitive opportunities for riders to try out BMX racing

Run one-off Mini-DH session supported by external coach in April/May.

Riders will be offered a one-off taster session at the Sir Chris Hoy Velodrome in January and signposted into the accreditation pathway.

Aim to have 5 riders accredited to ride on the Track.

Have at least one rider compete in an event on the Track .

Support 2 coaches to become qualified Track Cycling Coaches.

Explore opportunities with Glasgow Life to run club sessions.